

CENTRAL FLORIDA GASTROENTEROLOGY

A division of internal medicine specialists

Patient: _____

You have a **COLONOSCOPY** at **CITRUS SURGERY CENTER**

On _____, You must report to the facility by _____ AM/PM.

PLEASE NOTE:

- A. You must have someone to drive you to and from the facility. Medications causes drowsiness and you will be unable to drive!
- B. **DO NOT TAKE ASPIRIN, COUMADIN, PLAVIX, OR ANY BLOOD THINNING MEDICINES, HEPARIN INJECTIONS FOR 5 TO 7 DAYS BEFORE THE PROCEDURE.** You will be given instructions on when to resume medications after procedure.
- C. **DIABETICS!!** Take your pills as usual. If you take insulin take half the usual dose on the day of the test if it is scheduled/indicated. Take blood pressure medications with sips of water on the day of procedure.
- D. 2 days prior to procedure you must drink a bottle of magnesium citrate. Drink after evening meal this can be purchase over the counter at your pharmacy.

The day before the procedure: NULYTELY PREP

1. Clear liquids all day only. Drink plenty of fluids to prevent dehydration.
2. At 12:00 pm take the (2) dulcolax pills with water. Do not chew or crush.
3. You may start drinking your prep at 1 pm or 2 pm. Take your time drinking; if possible try to finish drinking by 7 pm.
4. Continue drinking clear liquids until midnight. After midnight nothing to eat or drink.
5. **PLEASE AVOID RED OR PURPLE JELLO, DRINKS, OR POPSICLES, MILK, MILK PRODUCTS OR ANY CITRUS JUICES.**
6. A copy of your test results will be sent to your doctor. If a biopsy was taken you will need a follow up visit to go over your results. To schedule follow visits please dial 407-851-5600 exts 1011 or 1012.

Please call our office with any questions. Inform the nurse if you have problems or cannot complete your prep. If you need to cancel or reschedule your procedure, it must be done by JOY the Doctor's Medical Assistant. Please leave a message with the best contact number if you do not reach me directly 407-851-5600 ext. 1034.

Glen Vanderzalm, MD
3885 Oak water Circle
Orlando, Florida 32806

1911

CLEAR LIQUID DIET

This diet provides fluids that leave little residue and are easily absorbed with minimal digestive activity. This diet is inadequate in all essential nutrients and is recommended only if clear liquids are temporarily needed. No red or purple liquids should be consumed!

Food Group	Foods Allowed	Foods to Avoid
Milk & beverages <i>No red or purple liquids!</i>	Tea (decaffeinated or regular), carbonated beverages, fruit flavored drinks	Milk, milk drinks
Meats & meat substitutes	None	All
Vegetables	None	All
Fruits & fruit juices	Strained fruit juices: apple, white grape, lemonade	Fruit juices with unstrained fruit
Grains & starches	None	All
Soups	Clear broth, consomme	All others
Desserts	Clear flavored gelatin, popsicles (<i>no red or purple flavors</i>)	All others
Fats	None	All
Miscellaneous	Sugar, honey, syrup, clear hard candy, salt	All others

Breakfast

4 oz. White grape juice
6 oz. Clear broth
Jell-O®*
Tea

**Plain only, no fruit or toppings*

Lunch

4 oz. Apple juice
6 oz. Clear broth
Jell-O®*
Tea

Dinner

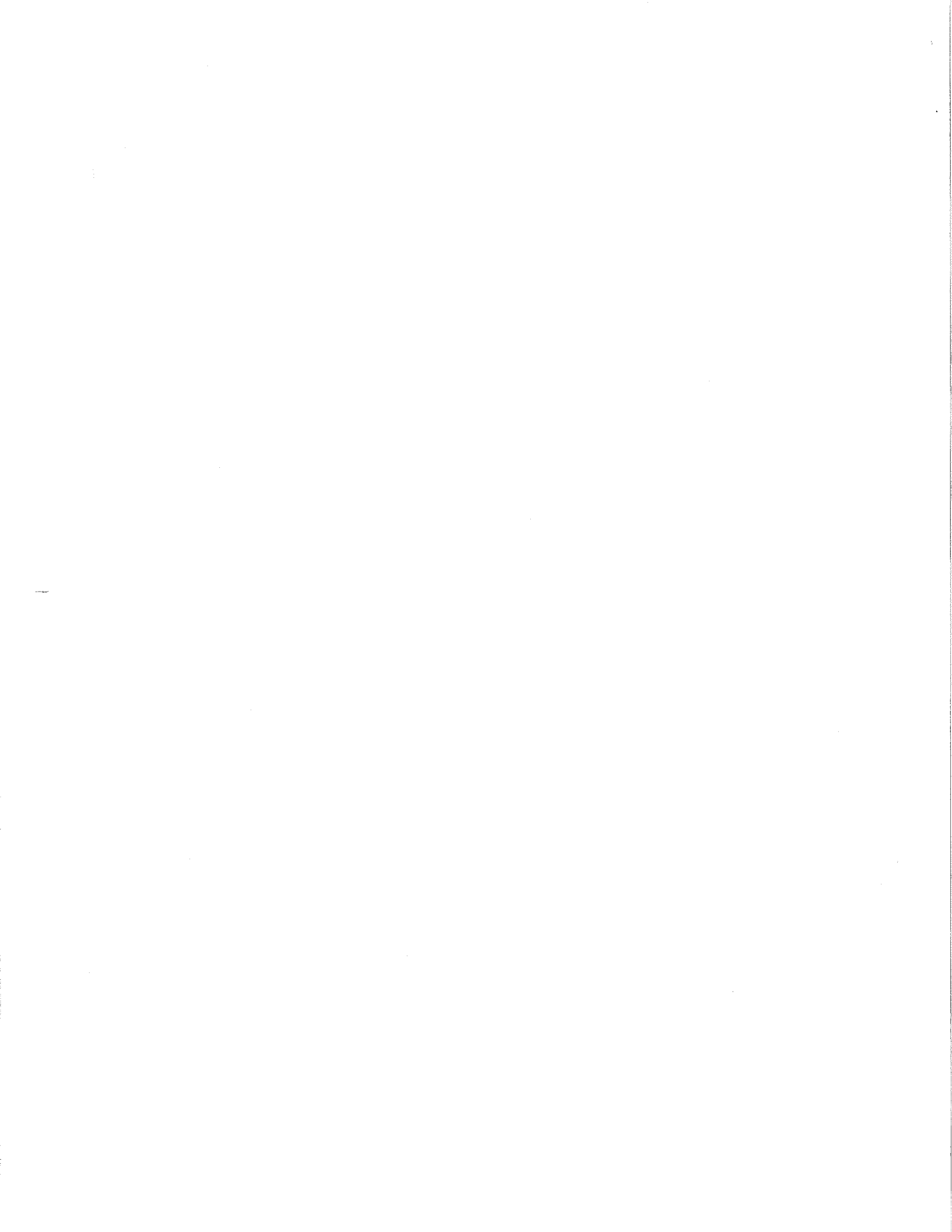
4 oz. Lemonade
6 oz. Clear broth
Jell-O®*
Tea

Jell-O is a registered trademark of Kraft General Foods, Inc.

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PLEASE READ YOUR INSTRUCTIONS TO FIND THE FACILITY YOUR PROCEDURE IS SCHEDULED AT.

Directions to the Citrus Medical Center - 2861 S. Delaney Ave., Suite B, Orlando, FL

From Oakwater Circle: Turn right onto Orange Avenue. Turn right at the light at Pineloch Avenue. Turn left at the next light onto Delaney. Turn right at the Mercantile Bank into Citrus Medical Center next to Family Medical Center.

Suite A is Central FL Gastro, a division of Internal Medicine Specialists.
Suite B is Citrus Surgery Center.

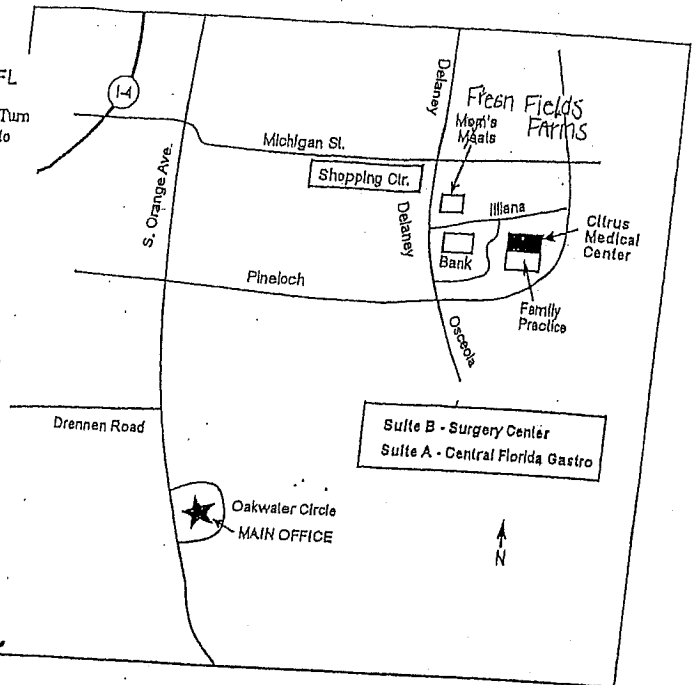
From North Orange County: Take I-4 West to Michigan St. Turn left onto Michigan. Go through intersection at Orange Ave., turn right at Delaney. Turn left at Mercantile Bank into The Citrus Medical Center.

From South Orange County: Follow Orange Ave. north, past Holden to Pineloch. Turn right onto Pineloch. Turn left at next light onto Delaney. Turn right at the Mercantile Bank into the Citrus Medical Center

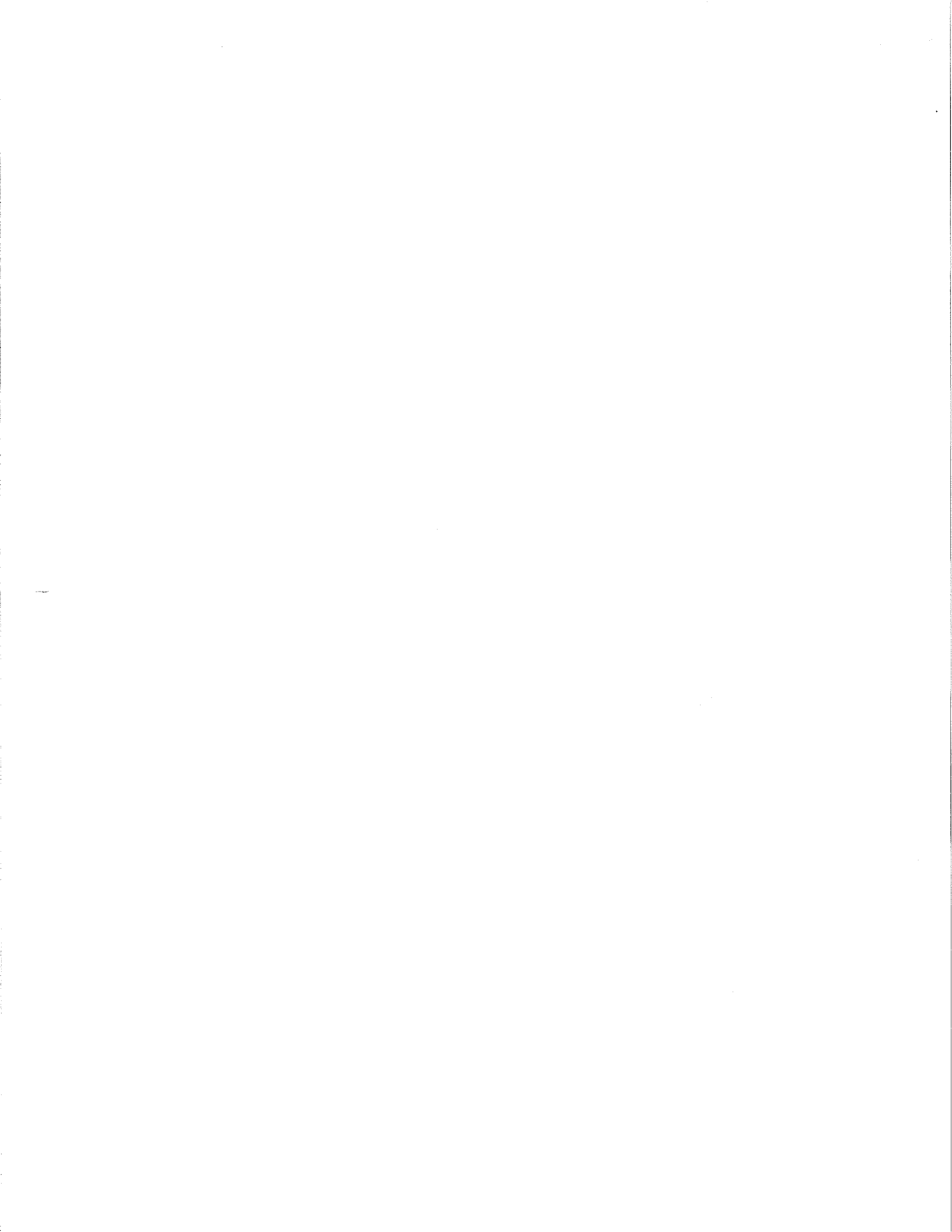
From Pine Hills: Take Colonial Dr. (Hwy 50) to Orange Ave. Turn right onto Orange, continue south on Orange through downtown, past ORMC. Turn left onto Michigan St., and right at the next light onto Delaney. Turn right at Mercantile Bank into Citrus Medical Center.

From East Orlando: Take Colonial Dr. (Hwy 50) to Orange Ave. Turn left on Orange, continue on Orange through downtown past ORMC. Turn left onto Michigan St. and at the next light onto Delaney. Turn right at Mercantile Bank into Citrus Medical Center.

10/11/00



*** Citrus Medical Center ***
407-472-5095



AHP

Anesthesia Health Care Partners of Florida, Inc.

Dear Patient:

The services you will receive have multiple billing components, such as the professional services of the surgeon, the professional services of the anesthesiologist/anesthetist, professional services of the pathologist, drugs/supplies, and the use of the facility services/equipment. Anesthesia is a commonly covered component of this service.

The bill for your anesthesia services will be filed to your insurance company and your secondary insurance company, if you have one. We will make every effort to work with your insurance company to get these charges paid. However, if your insurance company deems the anesthesia charge(s) or the services of the anesthesiologist or anesthetist to be unnecessary or non-covered, you will be considered as a self-pay patient and receive a statement for services rendered.

If we are *non-participating* with your insurance company, the payment may be sent to you along with an Explanation of Benefits (EOB). You may either endorse the insurance check or write a personal check for the amount of the payment(s) received and forward the check and EOB (Explanation of Benefits) to the address at the bottom of this page. In many cases the insurance payment will cover the fee based on a usual and customary estimate for such services.

If we are *participating* with your insurance, the payment will be sent directly to us and you will receive an Explanation of Benefits (EOB) from your insurance company outlining the charges and payments. You will be billed for any co-pay or deductible in accordance with your contract with the insurance company.

If you do not have health insurance, the charge for your anesthesia services will be our current self pay rate and we will send you a statement for your services.

If you have any questions concerning your bill for the procedure(s) you are having today, please contact our billing office, toll-free at:

1.866.951.5247

Please mail payments, Explanation of Benefits, correspondence, etc. to:

**Billing Services
Ref: AHP
PO Box 740209
Dept. 40039
Atlanta, GA 30374.0209**

Thank you for using Citrus Ambulatory Surgical Center and
Anesthesia Health Care Partners