

Nulytely prep- Dr Vanderzalm

Please read all instructions before calling the office with questions.

Patient: _____, you have a procedure scheduled at Citrus Medical Center (map included in paperwork) on _____. You must report to the facility by _____. You will be at the facility approximately 2 to 3 hours. You must have a driver.

Do not take coumadin, plavix or aspirin for 5 days prior to the procedure.

Discontinue NSAIDS (example: Motrin) 2 days prior procedure.

Please take blood pressure and seizure medications 2 hours prior to the procedure with a small sip of water.

DIABETICS please take your usual dosage of pill medications. Take ½ of your usual insulin dosage on the day of test if it is scheduled.

Prepping instructions:

2 days before you must drink a bottle of magnesium citrate after dinner.

You will need to purchase the bottle of magnesium citrate and dulcolax pills over the counter at any pharmacy.

Instructions for **NULYTELY PREP** _____ day before procedure
You will be on clear liquids all day. No solid food.

9 am mix the prep with either water, Gatorade or flavored water, any item on the clear liquid list, put in refrigerator to chill. At 12 noon take the two dulcolax pills. Between 1 or 2 pm, begin drinking the nulytely solution. Spilt dosing is recommend.

Spilt Dosing

Drink ½ of the nulytely solution earlier and save the other ½ to drink as late as possible or earlier in the morning before your procedure. You can have clear liquids up until 2 to 3 hours before your procedure, if you do the spilt dosing. Please drink plenty of fluids to prevent dehydration.

Call Joy at 407-851-5600 ext. 1034 or email me at jsmith@imsmed.org, if you have any questions concerning the procedure only. All insurance questions please call Citrus Surgical Center at 407-472-5095 for copay/deductible questions.

Please note you will need a follow up office visit after procedure if a biopsy or polyp was taken. Please refer to your discharge papers given at your procedure.

Clear Liquid Diet

*****NO RED, PINK OR PURPLE DYES*****
NO DAIRY OR DAIRY PRODUCTS

This is a mock diet for the day you do not have to follow this menu. You do need to be on clear liquid diet the day before your procedure.

Foods allowed:

Water, sparkling water, coffee-no milk
Gatorade (lemon, orange, clear flavors) club soda , tea
Sprite, 7up, ginger ale, mountain dew, fresca,
Coke or pepsi
Apple juice, white grape juice, pineapple juice (no pulp)
Broths—all flavors
Jello-orange, lemon, lime only
Popsicles (no red, blue, pink, purple) fruit flavored gelatin,
Clear hard candy
Sorbet (not sherbert) coconut, lemon or mango

Sample menu choices

Breakfast	lunch	dinner
Apple juice	apple juice	lemonade
Broth	broth	broth
Jello	tea/coffee	sorbet
Tea/coffee		tea/coffee

Billing information

Please contact your insurance company as soon as possible to verify your coverage. Your colonoscopy/endoscopy are considered and billed as outpatient surgical procedures. They are done at a outpatient surgical center or hospital not at the doctor's office. Please note there will be separate charges:

- 1.) surgical center, 2) doctor fee, 3.) anesthesia and 4.) biopsy and/ or polyps

Call the customer service number on the back of your insurance card for further questions. You will be responsible for any co-pays or deductible at the time of your procedure unless you have made prior arrangements for payment plans. If you need payment arrangements please call the Citrus Surgical Center at 407-472-5095. These charges are determined by your insurance plans.

Please be aware there is a difference between a screening colonoscopy (there is nothing wrong with you and you are African American 45 years-old and age of 50 for all others), diagnostic (there is something wrong ex: rectal bleeding, diarrhea).

Any questions regarding Anesthesia before hand you may call 866-951-5247, our office cannot answer questions regarding anesthesia, this is not part of our office.

For billing codes: CPT codes

Colonoscopy 45380

EGD 43239

Citrus Surgical Center Facility code is 6f3

Please note there is a \$100.00 dollar no-show fee or if you do not reschedule before 48 hours of your procedure.

