

Moviprep

Please read all instructions

Patient _____ you have a procedure scheduled at Citrus Medical Center located at 2861 South Delaney Avenue, Orlando, Florida 32806. You must report to the facility on _____ at _____ am/pm. You will be at the facility approximately 2 to 3 hours. You must have a driver.

Do not take coumadin for 5 days prior procedure.

Discontinue aspirin and Plavix 1 week prior to the procedure.

Discontinue NSAIDS (ex: motrin) 2 days prior to procedure.

Please take blood pressure and seizure medications morning of procedure with Small sip of water.

DIABETICS please take your usual dosage of pill medications. Take ½ of your Usual insulin dosage on the day of the test if it is scheduled.

2 days prior to the procedure please drink a bottle of magnesium citrate, also purchase to dulcolax pills.

Instructions for the day before, clear liquids all day. No solid food.

Please take the two dulcolax pills at 12 noon.

**At 1:30pm. Empty 1 of the pouch A and I pouch of B into disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve. The Moviprep container is divided by 4 marks. Every 15 minutes, drink the solution to the next mark (approximately 8oz), until the full liter is consumed. Drink 16oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.

**day of procedure follow the exact instructions as listed above. Spilt dosing has been shown to improve preparation. You may have clear liquids up to 2 to 3 hours prior your procedure.

Call Joy at 407-851-5600 ext. 1034 or email me at jsmith@imsmed.org, if you have any questions concerning the procedure only. All insurance questions please call Citrus Surgery Center at 407-472-5095 for copay/deductible questions.

Please note you will need a follow up office visit after procedure if a biopsy or polyp was taken. Please refer to your discharge papers given at your procedure.

Clear Liquid Diet

*****NO RED, PINK OR PURPLE DYES*****

NO DAIRY OR DAIRY PRODUCTS

This is a mock diet for the day you do not have to follow this menu. You do need to be on clear liquid diet the day before your procedure.

Foods allowed:

- Water, sparkling water, coffee-no milk
- Gatorade (lemon, orange, clear flavors) club soda , tea
- Sprite, 7up, ginger ale, mountain dew, fresca,
- Coke or pepsi
- Apple juice, white grape juice, pineapple juice (no pulp)
- Broths—all flavors
- Jello-orange, lemon, lime only
- Popsicles (no red, blue, pink, purple) fruit flavored gelatin,
- Clear hard candy
- Sorbet (not sherbert) coconut, lemon or mango

Sample menu choices

| | | |
|-------------|-------------|------------|
| Breakfast | lunch | dinner |
| Apple juice | apple juice | lemonade |
| Broth | broth | broth |
| Jello | tea/coffee | sorbet |
| Tea/coffee | | tea/coffee |

NOTHING TO EAT OR DRINK AFTER MIDNIGHT BEFORE YOUR PROCEDURE!

Billing information

Please contact your insurance company as soon as possible to verify your coverage. Your colonoscopy/endoscopy are considered and billed as outpatient surgical procedures. They are done at a outpatient surgical center or hospital not at the doctor's office. Please note there will be separate charges:

- 1.) surgical center, 2) doctor fee, 3.) anesthesia and 4.) biopsy and/ or polyps

Call the customer service number on the back of your insurance card for further questions. You will be responsible for any co-pays or deductible at the time of your procedure unless you have made prior arrangements for payment plans. If you need payment arrangements please call the Citruis Surgical Center at 407-472-5095. These charges are determined by your insurance plans.

Please be aware there is a difference between a screening colonoscopy (there is nothing wrong with you and you are African American 45 years old and age of 50 for all others), diagnostic (there is something wrong ex: rectal bleeding, diarrhea).

Any questions regarding Anesthesia before hand you may call 866-951-5247, our office cannot answer questions regarding anesthesia, this is not part of our office.

For billing codes: CPT codes

Colonoscopy 45380

EGD 43239

Citrus Surgical Center Facility code is 6f3

Please note there is a \$100.00 dollar no-show fee or if you do not reschedule before 48 hours of your procedure.

Notes:

Internal Medicine Specialists- 3885 Oakwater Cir. Orlando FL 32806 407-851-5600
 Citrus Surgical Center- 2861 S. Delaney Ave. St#B Orlando, FL 32806 407-472-5095
 Oakwater Surgical Center- 3885 Oakwater Cir. Orlando FL 32806 407-438-9533 *Scute B*

A 3885 Oakwater Circle, Orlando, FL 32806

0.0 miles

Depart Oakwater Circle toward SR-527 / Orange Ave S / S Orange Ave

- 1. Turn right onto SR-527 / Orange Ave S / S Orange Ave 0.9 miles
- 2. Turn right onto E Michigan St / Michigan St E 0.3 miles
- 3. Turn right onto Delaney Ave 0.1 miles

B Arrive at Delaney Ave at 2861 Delaney Ave, Orlando, FL 32806

