

Suprep

Please read all instructions before calling the office for questions
You have a procedure scheduled at Citrus Medical Center (map included in paperwork), on _____. You must report to the facility by _____.
You will be at the facility approximately 2 to 3hrs. You must have a driver.

Do not take coumadin for 5 days prior procedure.

Discontinue NSAIDS (ex: motrin) 2 days prior to procedure

Discontinue Aspirin and Plavix 1 week prior to procedure unless
Otherwise instructed

Please take your blood pressure and seizure medications 2 hours
Prior to the procedure with a small sip of water.

DIABETICS please take your usual dosage of pill medications. Take
½ of your usual insulin dosage on the day of the test if it is scheduled.

2 days prior to the procedure please drink a bottle of magnesium citrate, also
purchase to dulcolax pills.

Instructions for the day before, clear liquids all day. No solid Food.

Please take the two dulcolax pills at 12 noon.

**At 1pm: mix 1-6oz bottle of suprep liquid into the mixing container, add
cool liquid to 16oz ounce line on the container, drink all the liquid in the
container, you must drink 2-16oz container of clear liquid within the next
hour.

**day of procedure: 4 hours prior to your procedure: mix 1-6oz bottle of
suprep liquid into the mixing container, add cool water to the 16oz ounce
line on the container, drink all the liquid in the container, you must drink 2-
16oz container of clear liquid within the next hour. You can have clear
liquids up until 2-3 hours before your procedure.

**Spilt dosing has been shown to improve preparation.

Call Joy at 407-851-5600 ext. 1034 or email me at jsmith@imsmed.org, if
you have any questions concerning the procedure only. All insurance
questions please call Citrus Surgical Center at 407-472-5095 for co-
pay/deductible questions.

Please note you will need a follow up office visit after procedure if a biopsy or polyp was taken. Please refer to your discharge papers given at your procedure.

Clear Liquid Diet

*****NO RED, PINK OR PURPLE DYES*****

NO DAIRY OR DAIRY PRODUCTS

This is a mock diet for the day you do not have to follow this menu. You do need to be on clear liquid diet the day before your procedure.

Foods allowed:

Water, sparkling water, coffee-no milk
Gatorade (lemon, orange, clear flavors) club soda , tea
Sprite, 7up, ginger ale, mountain dew, fresca,
Coke or pepsi
Apple juice, white grape juice, pineapple juice (no pulp)
Broths—all flavors
Jello-orange, lemon, lime only
Popsicles (no red, blue, pink, purple) fruit flavored gelatin,
Clear hard candy
Sorbet (not sherbert) coconut, lemon or mango

Sample menu choices

Breakfast	lunch	dinner
Apple juice	apple juice	lemonade
Broth	broth	broth
Jello	tea/coffee	sorbet
Tea/coffee	tea/coffee	

NOTHING TO EAT OR DRINK AFTER MIDNIGHT BEFORE YOUR PROCEDURE!

Billing information

Please contact your insurance company as soon as possible to verify your coverage. Your colonoscopy/endoscopy are considered and billed as outpatient surgical procedures. They are done at a outpatient surgical center or hospital not at the doctor's office. Please note there will be separate charges:

- 1.) surgical center, 2) doctor fee, 3.) anesthesia and 4.) biopsy and/ or polyps**

Call the customer service number on the back of your insurance card for further questions. You will be responsible for any co-pays or deductible at the time of your procedure unless you have made prior arrangements for payment plans. If you need payment arrangements please call the Citruis Surgical Center at 407-472-5095. These charges are determined by your insurance plans.

Please be aware there is a difference between a screening colonoscopy (there is nothing wrong with you and you are African American 45 years old and age of 50 for all others), diagnostic (there is something wrong ex: rectal bleeding, diarrhea).

Any questions regarding Anesthesia before hand you may call 866-951-5247, our office cannot answer questions regarding anesthesia, this is not part of our office.

For billing codes: CPT codes

Colonoscopy 45380


EGD 43239

Citrus Surgical Center Facility code is 6f3

Please note there is a \$100.00 dollar no-show fee or if you do not reschedule before 48 hours of your procedure.

Notes:

Internal Medicine Specialists- 3885 Oakwater Cir. Orlando Fl 32806 407-851-5600
 Citrus Surgical Center- 2861 S. Delaney Ave. St#B Orlando, Fl 32806 407-472-5095
 Oakwater Surgical Center- 3885 Oakwater Cir. Orlando Fl 32806 407-438-9533 Suite B

-  3885 Oakwater Circle, Orlando, FL 32806 0.0 miles
- Depart Oakwater Circle toward SR-527 / Orange Ave S / S Orange Ave
- 1. Turn right onto SR-527 / Orange Ave S / S Orange Ave 0.9 miles
- 2. Turn right onto E Michigan St / Michigan St E 0.3 miles
- 3. Turn right onto Delaney Ave 0.1 miles
-  Arrive at Delaney Ave at 2861 Delaney Ave, Orlando, FL 32806

