

CAPSULE ENDOSCOPY PREP

PATIENT: _____ DATE OF EXAM: _____

TIME: __9AM AND 4:30PM__

PATENCY NEEDED _____ PATENCY SCHEDULED _____

If you are scheduled for the patency, you will need to fast after 10pm the evening before, and go in for a Chest X-ray (KUB) 36 hours after swallowing the pill.

THE DAY BEFORE YOUR SCHEDULED EXAM, _____, YOU MAY HAVE A NORMAL BREAKFAST AND LUNCH. AFTER LUNCH, YOU WILL BE ON A CLEAR LIQUID DIET UNTIL 10PM. AFTER 10 PM, YOU WILL FAST UNTIL AFTER YOU SWALLOW THE CAPSULE.

AT **6PM THE EVENING BEFORE** THE SCHEDULED CAPSULE YOU WILL DO ½ OF A BOWEL PREP.

SUPREP: YOU WILL DO ONLY ONE BOTTLE OF THE PREP. FILL THE REST OF THE 16OZ CUP WITH ANY CLEAR LIQUID AND DRINK IT x2.

or

HALFLYTELY/NULTYTELY/GOLYTELY: THE MORNING OF YOU WILL MIX THE CONTAINER, CHOOSE A FLAVOR PACKET AND PUT IT IN THE REFRIDGERATOR. COME 6PM, DRINK 8OZ GLASSES EVERY 10-15MINS UNTIL HALF THE CONTAINER IS GONE.

ARRIVE AT THE OFFICE AT 9AM TO SWALLOW THECAMERA. YOU MAY RETURN TO WORK, ALTHOUGHT YOU WILL NEED TO RETURN TO THE OFFICE AT 4:30PM TO BE REMOVED FROM THE RECORDER. YOU WILL NEED TO WEAR THE SENSOR BELT AND RECORDER FOR THE ENTIRE DAY TO GET AN ACCURATE READING. THE BELT AND RECORDER ARE TO BE WORN OVER YOUR CLOTHES.

PLEASE REFRAIN FROM TAKING ANY **IRON MEDICATION 3 DAYS PRIOR TO YOUR EXAM.**

INITIAL _____

DATE: _____

CLEAR LIQUID DIET

LIQUIDS ALLOWED

Fruit Juice	Apple Juice, White Grape Juice, and Pineapple Juice. (NO PULP).
Beverages	Coffee (NO MILK), Tea, Carbonated Beverages like Sprite, Gingerale, Coca Cola, Pepsi, Strained Lemonade, Gatorade, Powerade, Kool-Aid (NO RED DYES).
Soups	Clear Broth (chicken or beef) or Bouillon
Desserts/Sweets	Popsicles (NO RED DYES), Fruit Flavored Ice, Flavored Gelatin (NO RED DYES), and Clear Hard Candy (AVOID ALL ARTIFICIAL RED COLOR)

CLEAR LIQUID SAMPLE MENU

Morning	Noon	Evening
apple juice Chicken Broth	Pineapple Juice Beef Broth	White Grape Juice Vegetable Broth
Lime gelatin Ginger Ale Coffee (black) Lemonade	Orange Kool-Aid Iced Tea With Lemon	Lemon gelatin Blue Gatorade Hot Tea with Honey
Mid-Morning	Mid-Afternoon	Evening
Powerade Orange Gelatin	Sprite Lime Gelatin	Strained Lemonade Orange Popsicle