

Central Florida Gastroenterology Dr. Steven Feiner D.O.  
**Pick up your prescription from your pharmacy...it was called in**

You have a Colonoscopy scheduled at **Citrus Medical Center** on:

\_\_\_\_\_. You will need to arrive at: \_\_\_\_\_.

**You will need a driver** the medication will make you drowsy and will not be permitted to drive. You will also be at the facility for 2-3 hrs.

Please be aware if you are on Coumadin and Plavix you will need instructions to discontinue these meds from your cardiologist. Please speak with Meghan if you haven't already...If you are on Aspirin you will need to discontinue for 5 days prior to procedure.

Diabetics: take your pills as usual. If you take insulin take HALF the usual dose on day of procedure. You may take your blood pressure meds as usual with a small sip of water, you may take Tylenol for headaches, please hold all other meds until after the procedure.

Prep Instructions: Mix the prep early morning or before you go to bed the night before prep day. Day of prep: \_\_\_\_\_

1. You may have a light breakfast before 9am day of prep
2. At 12 pm take the 1 Bisacodyl tablet that came with your prep
3. Start drinking the bowel solution at 5pm. You will need to finish this solution within 2-3 hrs, so you can sleep at night.
4. You NEED to drink clear liquids all day, the more the better.
5. Stop all liquids at midnight, nothing to eat or drink the morning of your procedure

TIPS: Get a green apple lollipop; this will help cut the taste of the prep  
Drink the prep cold it will go down better. Use a straw to help the solution go down better Too.

**If you need to cancel or change your appt please call Meghan**  
**407-851-5600 x 1032.** Any insurance questions call Alicia x 1007; Co-pay questions call Citrus Medical Center at 407-472-5095

Please note: you will need a follow up appointment with Dr. Feiner if he took a biopsy or polyp during your procedure. Please call to schedule.