

**CENTRAL FLORIDA GASTROENTEROLOGY**  
**a division of internal medicine specialists**

**PATIENT:** \_\_\_\_\_

You have an EGD (Esophagogastroduodenoscopy) at Citrus Surgical Center (map is attached) on \_\_\_\_\_ You will need to arrive at \_\_\_\_\_.

*Please read this entire prep packet before calling the office with any questions.*

**PLEASE NOTE:**

**A) YOU MUST HAVE SOMEONE TO DRIVE YOU TO AND FROM THE FACILITY. Medications cause drowsiness and you will be unable to drive! Please plan on being at the surgical center for at least 2 hours.**

**B) Follow individualized instructions for use of Lovenox, Heparin, Coumadin and Plavix per your cardiologist or Dr. Bhaskar. Do not stop aspirin.** \_\_\_\_\_

**C) DIABETICS!! Take your pills as usual. If you take insulin take HALF the usual dose on-the-day of the test if it is scheduled/indicated.** \_\_\_\_\_

**The day before the test:**

1. You may continue to drink liquids after dinner up until midnight. **NOTHING BY MOUTH AFTER MIDNIGHT EXCEPT SCHEDULED MEDICINES WITH A SIP OF WATER ONLY!!!!**
2. A copy of your test results will be sent to your doctor. If a biopsy was taken you will need a follow up visit to go over your results. There are NO exceptions!

**PLEASE NOTE THAT A LOT OF EFFORT GOES INTO SCHEDULING A TEST INCLUDING STAFF TIME, CLEARANCE FROM YOUR INSURANCE COMPANY ETC. A "NO SHOW/CANCELLATION" FEE OF \$100 WILL BE CHARGED IF YOU FAIL TO SHOW UP OR CANCEL YOUR PROCEDURE WITH LESS THAN 48 HOURS NOTICE. THIS FEE IS NOT COVERED BY YOUR INSURANCE.**

If you need to cancel or reschedule it needs to be done with **Heather ONLY!!** Please leave a message with the best contact number if you do not reach her directly.  
**407-851-5600 ext. 1035 or email [hstrunk@imsmed.org](mailto:hstrunk@imsmed.org)**

## Clear liquid diet

**\*\*\*No red, blue or purple dyes\*\*\*  
NO dairy or dairy products**

Liquids allowed:

Water, sparkling water, club soda or tonic water

Gatorade (not red or blue)

Coffee or tea (no milk, half and half, or creamers)

Sodas: Coke, Sprite, 7up, Ginger ale, Mountain Dew, Fresca

Juices: Apple, White grape, OJ/Pineapple (no pulp)

Broths: All flavors

Jell-O: orange, lemon and lime

Popsicles (not red or blue)

**You cannot consume anything solid the day prior to your colonoscopy!  
If you accidentally do contact the office right away, your procedure may  
need to be rescheduled!**

## Important Insurance Information

Please make sure you contact your insurance company as soon as possible to verify your coverage for outpatient procedures. Your colonoscopy or endoscopy are considered and billed as outpatient surgical procedures. They are performed at an outpatient surgical center not the doctors office. **Please note there will be separate charges (facility, doctor, anesthesia and pathology if applicable).** Call the customer service telephone number on your insurance card for further questions.

Unless prior arrangements are made all co-pays, co-insurance and/or deductible for the facility are due in full on the day of the test. Please contact Citrus Surgical 407-472-5095 if you have any questions. These charges are determined by your insurance plan.

There is a difference between a screening colonoscopy (You have nothing wrong with you, you never had one before and you are age 50 or above. African Americans are screened at the age of 45.) and a diagnostic colonoscopy (ex: rectal bleeding, diarrhea, constipation etc.)

**FAILURE TO CANCEL WITHIN 48 HRS OR A NO SHOW WILL RESULT IN A \$100.00 FEE THAT IS NOT COVERED BY YOUR INSURANCE.**

If you require a referral we will submit the appropriate paperwork with your insurance company and/or PCP. If for some reason we cannot acquire it or it is denied we will contact you prior to your procedure.

\*\*\*Please DO NOT call the office with any billing questions. We cannot answer them. You will need to speak with the appropriate billing representatives.\*\*\*

Billing codes: Colonoscopy 45380, EGD 43239 and Citrus Surgical 6F3  
(You may need these when talking to your insurance company)

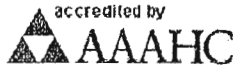
Contacts:

Citrus Surgical Center: 407-472-5095

Doctor's billing: 407-851-5600 ext 1037 Alexa

Pathology: 407-422-1377

Anesthesia: 407-384-7005



# CITRUS AMBULATORY SURGERY CENTER

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Tel: (407)472-5095 • Fax: (407) 999-2226

[www.citrusasc.com](http://www.citrusasc.com)

**Hours of Operation: 6:30 AM - 4:00 PM, Monday - Friday**

